



Boot Camp Skater Expectations

Boot camp is offered as an 8-week session, 3 times a week, where skaters are taught all about skating and the skills needed to play roller derby. Skaters who pass their WFTDA minimum skills will get a chance to try out for the league.

The goal of a new skater should be:

“Learn basic technique first, then the rules, and work on your endurance both on and off skates. To be a great derby player you first have to become a good skater.”

Skaters shall:

1. Make 80% attendance of all boot camp training.
2. Maintain a dedication and willingness to learn, giving 100% effort every time they come to practice.
3. Show respect to the training staff, guest skaters and other members of boot camp.
4. Have realistic expectations of the time commitment and effort that goes into playing roller derby.
5. Keep a printed copy of the most current version of WFTDA rules and attend the Rules Clinic in order to learn this sport.
6. Pass a WFTDA minimums skills test that includes, but is not limited to, the following skating skills: Crossovers, Starts, Weaving, Pacing, Endurance, Blocking, Whips/Assists, Pack Work, Jumps and Agility.

Please note your participation in Boot Camp does not automatically guarantee you a space on an SCR D home team.

Have fun. Take it seriously. Be challenged. Have fun. Repeat.